

Lap Band Solution

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Having been at her current weight for five years previous to finally deciding on lap band surgery, Connie conducted her research and decided to move ahead with the procedure.

"I felt like this (lap band surgery) was my final option," Connie remarked.

While Connie admits to being nervous and anxious about the lap band procedure, she notes that having had the surgery had re-energized her life.

Since undergoing lap band surgery, Connie reported losing nearly 15 pounds.

"Since the surgery I could feel myself with more energy and more energy with my 3-year-old," Connie happily exclaimed.

Following her lap band surgery, Connie was out of bed the next day and walking and by the third day, was back to her regular routine.

Connie also is happy to note that her clothes fit better and in general, she just feels better about herself.